

Passport Pilates Studio

North Andover's Fall Schedule & Registration

Begins 9/13... Name: _____ Indicate your 1st & 2nd preferences below:

MONDAY

Ask about our Fall 2010 Private/Duet Training Special !

8:30	Reformer	Level Two	Sue _____
8:30	<i>Private or Duet with Kathy</i>	<u>Studio 2</u>	
9:30	"Classical Style" Reformer	All Levels	Sue _____
9:30, 10:30 or 11:30	<i>Private or Duet with Kathy or Eileen</i>	<u>Studio 2</u>	

3:15	<i>Private or Duet with Marybeth</i>	<u>Studio 2</u>	
4:15	Reformer	All Levels	Marybeth _____
5:15	FREE Essential Pilates Introduction	By Appointment	
5:15	<i>Private or Duet with Marybeth</i>	<u>Studio 2</u>	
6:15	Reformer	Level Two	Marybeth _____
7:15	Reformer	All Levels	Marybeth _____

TUESDAY

AM & PM Private & Duet appointments available

7:30	<i>Private or Duet with Marybeth</i>	<u>Studio 2</u>	
8:30	Reformer	All Levels	Marybeth _____
9:30	Reformer	Level Two	Marybeth _____
10:30, 11:30, 12:30	<i>Private or Duet with Marybeth</i>	<u>Studio 2</u>	

5:45	"Classical Style" Pilates Modified Reformer	Level One	Patty _____

WEDNESDAY

AM & PM Private & Duet appointments available

8:30	"Classical Style" Reformer w/ Jumpboard Intervals	Level Two	Kathy _____
9:30	Reformer	All Levels	Kathy _____
9:30, 10:30 or 11:30	<i>Private or Duet with Eileen</i>	<u>Studio 2</u>	
10:30	Pilates Modified Reformer	All Levels	Kathy _____
11:30	FREE Essential Pilates Introduction	By Appointment	

2:15, 3:15	<i>Private or Duet with Marybeth</i>	<u>Studio 2</u>	
4:15	Reformer	All Levels	Marybeth _____
5:15	<i>Private or Duet with Marybeth</i>	<u>Studio 2</u>	Marybeth _____
6:15	Reformer	All Levels	Marybeth _____
7:15	Reformer	Level Two	Marybeth _____

THURSDAY	<u>AM Private or Duet appointments available</u>	Indicate your 1st & 2nd preferences below:
8:30	Reformer	All Levels Sue _____
9:30	"Classical Style" Reformer	Level Two Sue _____
10:45, 11:45, 12:45 -----	<i>Private or Duet with Kathy</i>	<u>Studio 2</u>
2:45, 3:45, 4:45	<i>Private or Duet with Eileen</i>	<u>Studio 2</u>
5:45	"Classical Style" Reformer	All Levels Eileen _____
6:45	Reformer w/ Jumpboard Intervals	All Levels Eileen _____

FRIDAY	<u>AM Private & Duet appointments available</u>	
7:30	<i>Private or Duet with Marybeth</i>	<u>Studio 2</u>
8:30	Reformer	Level Two Marybeth _____
9:30	Reformer	All Levels Marybeth _____
10:30, 11:30, 12:30...	<i>Private or Duet with Marybeth</i>	<u>Studio 2</u>

SATURDAY		<u>Instructor Rotation on Saturdays:</u>
7:30	Reformer	Level Two
8:30	Reformer	All Levels
8:30	FREE Essential Pilates Introduction	By Appointment <u>Studio 2</u>
9:30	Reformer	All Levels
9:30,10:30, 11:30	<i>Private or Duet Session</i>	<u>Studio 2</u>

Jenn, our administrative assistant is in our North Andover office on Mondays, Tuesdays & Thursdays from 8:30 am to 3:30 pm. We will try our best to return your phone call within 24 hours, except for the weekends where we only respond to emails.

Marybeth, our North Andover Manager & Pilates Instructor has calling hours to answer any Pilates questions/concerns. Refer to the Web Scheduler for weekly calling hours or call/email convenient calling times.

Scheduling can be done in person, by phone or through our web scheduler. Go to www.passportpilates.com and click Online Scheduler. Establish a user name and password then you can schedule your **FREE** Essential Pilates Introduction class. Use of Jumpboard / Tower may be added to any class at the Instructor's discretion. Instructor's schedules may change without notice. Classes will be added/removed based on attendance & interest.

New to Pilates ? We highly recommend our "Smart Start" or Fall 2010 private/duet packages.

We recommend Private/Duet sessions and/or Level One classes when first beginning Pilates. All Level classes thereafter. Level Two (Intermediate) classes require test out & prior approval from Program Director.

www.passportpilates.com **978-688-0100** passportpilates@comcast.net
We have a strict 24 hour cancellation policy.